

# Towards Resilient Health Care

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A Case Study from the real  
world

Manly August 10 2015



# Townsville Hospital and Health Service



# Context

- 700 (ish) beds
- 650 medical staff
- Tertiary care centre for North Queensland
- Drainage from 750,000 square km
- Total popn for tertiary drainage ~750K
- Budget \$AUD 750M (do you see a pattern here?)
- Comprehensive service coverage
- Huge growth trajectory

# Let Me Tell You a Story

About a Dinner  
with Jeffrey



# The Wake Up Call



## OFFICE OF THE STATE CORONER

**Non-inquest findings of the investigation into  
the death of William John Bligh**

# William

- 9 year old boy from Palm Island.
- Retrieved to Townsville after several days of febrile illness.
- Died in Intensive care
- Overwhelming melioidosis



# Desperately seeking answers

Compliance ?

Or

Cognitive Bias?

# State of Play 2013

- We know more about what goes wrong than we do about what goes right.
- In THHS we have around 300,000 episodes of care (combining outpatient, inpatient and emergency care).
- We do 20-30 RCAs per annum.
- We know a lot about 1 in 10,000 cases.
- We know very little about how problems were avoided in other cases.



# How is it that we pull off spectacular saves?

With the same people;  
infrastructure; diseases; and  
systems



# The Frustration

- After implementing:
  - MET / MEWS
  - Comms skills
  - HEAPS
  - Restructuring
  - Clinician leadership
  - Clinical Governance
  - CPD down to interns
  - RCAs... etc etc
  - Biases and Heuristics



# And Yet...

- We still manage to have things go wrong?



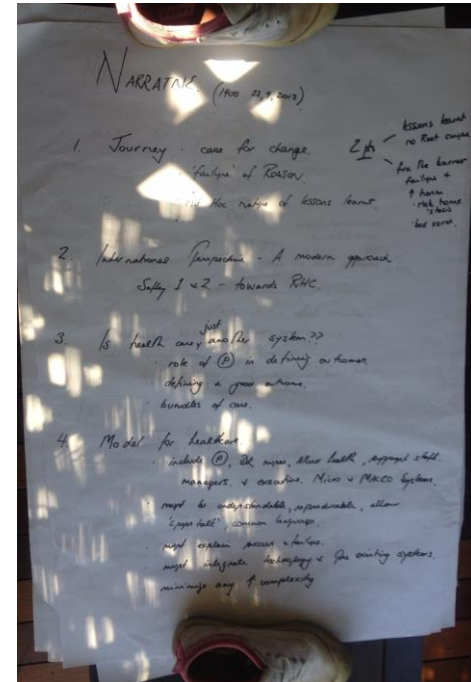
# We figured that we need a new model..

- Look at what works
- Identifying what interventions haven't worked
- Integrating such evidence as is available
- Not a theoretical construct, rather attempting to define desired behaviour traits



# So out on the back deck...

- Heuristics, Gut Instinct and Cognitive Biases – Gigerenzer
- System One and System Two – Kahnemann
- Clinical Decision Making - Crosskerry
- Risk Homeostasis
- Yerkes Dodson – 1908
- Iterative and Sequential Care – Bohmer
- Disaster theory – Utstein Framework
- Procedural vs Declarative Knowledge
- Escalation Failure - Buist

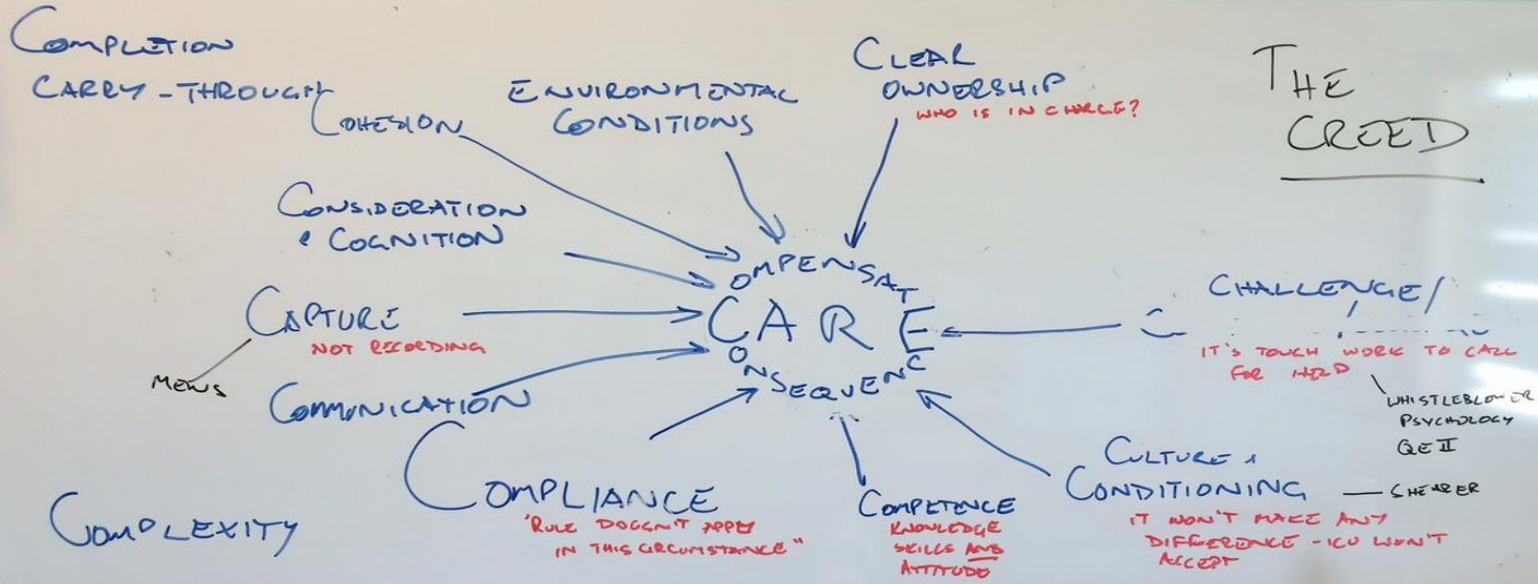


# So, When it all goes well – What happens? And When it Doesn't?

- Piece by piece
- Case by case
- Team by team
- Individual by individual



# THE CREED

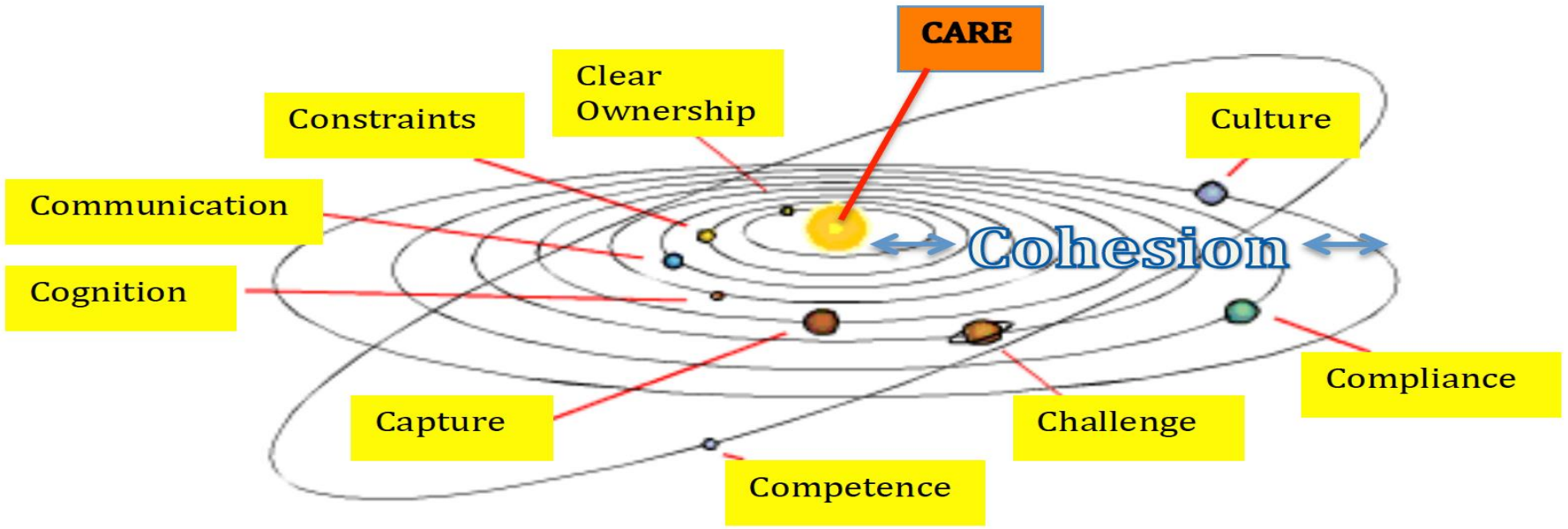


# Light Bulbs

- Diminishing returns in RCA's
- Patient vs Care at centre
- Cohesion... central force
- Identifying CAS as theory for 10C's
- CASs function with few simple rules
- Non linear implementation methods
- 'Edge of Chaos'
- "Declarative" and "procedural" knowledge
- Sacred vs Profane







And Then He Told me what he  
had been doing...

**RHC**



# DISCUSSION AND GROUP WORK